AGED 607 YOUTH LEADERSHIP
ACTIVITY 4-5: Empowering Yourself

DIRECTIONS: When learning takes place, behaviors change. The course, “Youth Leadership” gives you the tools to prepare a leadership workshop for the youth of your community. Therefore, your behaviors and abilities to create a youth leadership have changed. Use this form to develop an action plan for your Youth Leadership Workshop.

1. How much influence do you think it is possible for you to have in developing a workshop for enhancing youth leadership in your community?

2. What would be risky for you to attempt in creating your youth leadership workshop?

3. Whose backing do you need in order to do what you want for your workshop?

4. What limitations are you putting on yourself—your “yes, buts”?

5. What resources do you need to obtain in order to create and provide a youth leadership workshop for your community?

6. What’s in it for your family/friends for you to become more empowered to complete this task?

7. What information do you need in order to feel more “in the know” about this task?

8. What is keeping you from moving ahead on implementing a youth leadership workshop?

9. What would it be like if you already had those things accomplished and could put on the workshop today?

10. What do you need to do to get what you want?

Remember that you set the limits, and that the first step is committing yourself to stretch, to take reasonable risks. Empowering yourself makes it possible for you to get what you want. You are likely to get the support you need if there’s something in it for others as well as for you.