Your Leadership Image

AGED 607
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**WHO MADE A POSITIVE DIFFERENCE?**

- Who was this person? What was his or her relationship with you?
- How did this person treat you? What did this person actually do?
- How did this person make you feel about yourself?
- Why did this person do what he or she did?

**Think about about . . Image**

When you see a picture, jot down your first impression of the person.
How can leaders...

- help members feel important?
- encourage members to freely share ideas?
- build members' self-confidence?
- increase members' status?
- provide feedback for members?
- encourage positive self-concept actions?

Leaders can...

- give constructive criticism
- learn to accept things they cannot change
- resist duplicity
- give members a chance to fit in
- use talents to help others
Low Self-esteemers  

- are convinced of their inferiority
- feel unloved
- place unreasonably high demands on self
- are strongly self-critical
- are fearful of social situations
- are easily discouraged

Low Self-esteemers  

- expect to fail; have “why try” attitude
- listen rather than participate
- are highly sensitive to criticism
- are preoccupied with inner problems
- channel energy into creative ways to fail

(Celebrate Yourself, Briggs)
Causes of Low Self-esteem

- People say negative things about you
- failure
- lack of encouragement
- bad experiences
- not taking chances to improve
- feeling of no love or want
- beyond power to change
High Self-esteemers (1)

- feel basically self-confident
- are eager to get whole heartedly involved
- stand up for their convictions
- can take criticism
- can tolerate frustration

High Self-esteemers (2)

- tend to be physically healthy
- have a positive outlook
- are not critical of self
- are aware of strengths and shortcomings

(Celebrate Yourself, Briggs)
Present a Positive Self-concept  (1)

- Smile regularly
- Use good posture and walk rapidly
- Dress appropriately and neatly
- Be polite
- Be a good listener

Present a Positive Self-concept  (2)

- Take pride in your work
- Be independent and make decisions wisely
- Learn to be patient with others
- Make the best possible out of each situation
What does your image look like?